

Creating a Better World

Marilyn Schlitz¹

Skip Alexander has been a long-time friend and a fellow investigator of what we all agree is a very important topic—the nature of meditative states of consciousness and the potential they hold to help create a better world. It is a personal and professional sorrow that he is no longer with us. Yet the magnitude of his accomplishments during his working life leaves a lasting tribute to the inspiration and diligence that motivated him. His folder in my file cabinet is filled to overflowing

with paper after paper, tracing his interest in meditation and its ability to help build better lives. Our most recent conversation centered on his work within the prison system—work done long ago as a graduate school dissertation and only now finding the larger audience it deserves.

I valued Skip's presence, his work, and the contributions it will continue to make in coming years. I loved Skip and that twinkle he brought to all events, ideas, and conversation; he is greatly missed.

¹Director of Research, Institute of Noetic Sciences, Sausalito, California.

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